

Triennial Assessment Summary of the Local Wellness Policy

Instructions: The template below is offered to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template.

Requirement: An assessment of your school wellness policy must be conducted at a minimum once every three years per United States Department of Agriculture (USDA) regulations. Local Educational Agencies (LEAs) may assess their policy more frequently if they wish.

This assessment will determine:

- Compliance with the wellness policy
- How the wellness policy compares to model wellness policies
- Progress made in attaining the goals of the wellness policy.

Results: The final rule requires that LEAs update their wellness policy as appropriate and requires that LEAs must make available to the public:

- The wellness policy, including any updates to and about the policy at minimum on an annual basis.
- The Triennial Assessment results, including the progress that has been made in meeting the goals of the wellness policy.

Record Keeping: A copy of the most recent triennial assessment along with supporting documentation must be kept on file with your wellness policy documentation for three years plus the current year. The State agency will examine records during the Administrative Review, including:

- Copy of the current wellness policy
- Documentation on how the policy and assessments are made available to the public
- The most recent assessment of implementation of the policy
- Documentation of efforts to review and update the policy, including who was involved in the process and how stakeholders were made aware of their ability to participate.

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General Information:

School(s) included in the assessment: Alcester-Hudson Elementary and Junior High & High School

Month and year of current assessment: August 2021

Date of last Local Wellness Policy revision: 2017

Website address for the wellness policy and/or information on how the public can access a copy:

<https://www.alcester-hudson.k12.sd.us/district/food-service.cfm>

Wellness Policy Leadership: LEAs must establish wellness policy leadership of one or more LEA and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.

How many times per year does your school wellness team meet? four times per year _____

Designated School Wellness Coordinator:

Name	Job Title	Email Address
Jason Van Engen	JH/HS Principal	jason.vanengen@k12.sd.us

School Wellness Committee Members:

Name	Job Title	Email Address
Marty Petersen	JH/HS Health/PE	marty.petersen@k12.sd.us
Matt Storo	Elementary PE	matt.storo@k12.sd.us
Kathy Behnke	Kitchen Supervisor	kathy.behnke@k12.sd.us
Amber Harris	School Nurse	amber.harris@k12.sd.us

Comparison to Model School Wellness Policies: A comparison to a Model School Wellness policy is required. Keep a copy of the results on file for at least three full school years plus the current year. This will be reviewed during the next administrative review of your school nutrition program.

Indicate the model policy used for comparison:

- SD Model Wellness Policy:** A model wellness policy along with a self-checklist to review and update your wellness policy and ensure it meets all requirements are available on the CANS SNP website, (<http://doe.sd.gov/cans/snp.aspx>) under the Program Requirements in the Wellness Policy section.
- XXX WellSAT 3.0 example policy:** You may complete the [WellSAT3.0 assessment tool](#).
- Other Model Wellness Policy:** If you choose this option, please specify in the space provided below

Describe how your wellness policy compares to the South Dakota model wellness policy:

Our policy utilized the South Dakota model policy in its creation. Most all of the areas are covered well, however, we do need to add more information to this policy. The committee will spend some time adding to the policy to make it better. We are also undergoing curriculum writing at this time, so we are pushing to develop stronger physical education and health education curriculum throughout K-12.

Progress towards wellness goals and compliance with the wellness policy:

At a minimum, local wellness policies are required to include:

- **Specific goals for:**
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- **Standards and nutrition guidelines for all foods and beverages** sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- **Standards for all foods and beverages provided, but not sold**, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- **Policies for food and beverage marketing** that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- **Description of public involvement, public updates, policy leadership, and evaluation plan.**

Use the tables below to assess whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
We have a monthly lunch menu. Lunch options are coded for protein, fat, etc. Meals are portioned to follow caloric intake guidelines from the USDA.	xxx			We will continue to show students proper dietary options for healthy eating.

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
We have recess available for students in grades K-6. Students in grades 7, 8, and 9 have required PE. Students in grades 9-12 have PE electives and morning athletic development along with school sponsored sports.	xxx			We will encourage all students to participate to lead a heart healthy lifestyle.

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Within the K-6 and ninth grade physical education program, students learn about healthy lifestyles.		xxx		Ensure that students in all grades K-12 have access to course materials that promote healthy lifestyles.

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
The nutrition program here meets federal guidelines.	xxx			We will continue to add more healthy options for students.

Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
We follow the USDA Smart Snack Options for eating during the school day. Teachers are given information on healthy options for class parties.		xxx		Continue to promote healthy options in all eating - at events and during parties and fundraisers.

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
There is not much marketing of unhealthy food at all within the school.		xxx		Promote healthy foods and appetizing options for students, teachers, and families.

Additional information:

After completing the WellSAT: 3.0, we do need to do more within our policy to ensure that we are detailed in our goals and aspirations as a school district. We are going to move forward with our wellness committee in examining ways to strengthen this policy so it benefits everyone in our district.